## BILINGO CAMPUS CLUBS - Winter 2020



Football Club: (All Levels) Int. Cost: Free Thursday 16:10-17:50 - Meet at Sportshall: B-0.36 Trainer: Mr. Ochan

Team training - Ball control - Fitness - Position training - Teamwork -Respect

Football Club is open to all - whether you are the next Lukas Podolski or if you have never kicked a ball in your life, you are more than welcome to join. Game-based learning is the theme, with plenty of fun ways to learn about the beautiful game.

ESL Club: Int. Cost: free
Monday, Tuesday & Thursday 16:10-17:50 - Forum
Wednesday = RPG 16:10 - 17:50
Friday Billiards tournament 14:30 - 16:00
Trainers: The TA team

The ESL Club will run every afternoon; however, on Wednesday it will be Role Playing Games (RPG) in English. In the ESL Club we will play various games, card games and board games in English. Come and practice your English while having fun.

Boxing Club: Beg. - Int., Cost: Free Monday 16:10-17:50 - Meet at Sportshall: B-0.36 Trainer: Mr. Cozens

In the BilinGO Boxing Club, students will learn the basics of boxing: defense, punching correctly, reactions, speed and power. The aim is not to fight but to learn a disciplined sport, which trains the whole body. The club is open for all levels, so don't hesitate, come and give it a go!

Ultimate Frisbee Club: Beg. - Int., Cost: Free Tuesday 16:10-17:50 - Meet at Sportshall: C 3.02 Trainer: Mr. Buchli-Kelly

The Ultimate Frisbee club will introduce you to the basic techniques and rules of Ultimate Frisbee. Ultimate Frisbee is a continuous fast past game without referees, which only requires athletic wear, running shoes and a positive attitude. Running Club: Int. Free Thursday: 16:10-17:50 - Meet at Sportshall B-0.36 Trainer: Herr Spickermann

Born to run or just want to start running? Everyone is welcome, and training will be based on the group level. We will run outside around the Grün-Gürtel.

Basketball Club: Int. Cost: free Wednesday 16:10-17:50 - Meet at Sportshall: B-0.36 Trainer: Mr. Ramirez and Mr. Soo

The Basketball Club is open to all skill levels whether you are the next Toronto Raptor or just starting to learn to shoot free throws. Practice the fundamentals of basketball and add in heaps of fun.

Hip Hop Club Ext. Cost: 4,00€ per 45 min. (minimum 7
students)
Thursday 16:10-17:50 - Meet at Sports Hall: B-0.36
Trainer: Ms. Meisner

The Hip Hop club will bring hip hop dancing to the campus! The club will include: Warming up - stretching - freestyle dancing - dance lesson - stretching/cool down.

Role Playing Games (Dungeon and Dragons): Int. Cost: free Wednesday 16:20-17:25 - Forum Trainer: with support from Mr. Buchli-Kelly

The Role Playing Game (RPG) Club will play role-playing games like Dungeons and Dragons and other games. Our club is open to all, we would like to introduce as many students as possible to Dungeons and Dragons. Come and create with us a fantasy world where everyone is invited.