

BILINGO CAMPUS CLUBS - Summer 2019



Football Club: (All Levels) Int. Cost: Free

Monday 16:10-17:50 - Sports Hall: B-0.36

Trainer: Mr. Green

Team training - Ball control - Fitness - Position training - Teamwork
-Respect

Football Club is open to all - whether you are the next Lukas Podolski or if you have never kicked a ball in your life, you are more than welcome to join. Game-based learning is the theme, with plenty of fun ways to learn about the beautiful game. It is also possible to organize games and tournaments against other schools.

Creative Club: Int. Cost: free

Monday 16:10-17:50 - Music Room: B-0.22

Trainer: Mrs. MacGrath, Frau Höroldt

The Creative club is open to all who want to play, write or record music, paint, build set decorations, perform, act and way more. You don't have to be able to play any instruments. We will take part in a competition with the club.

Boxing Club: Int. - Cost: Free

Tuesday 16:10-17:50 - Sports Hall: B-0.36

Trainer: Mr. Cozens

In the Bilingo Boxing Club, students will learn the basics of boxing: defense, punching correctly, reactions, speed and power. The aim is not to fight but to learn a disciplined sport, which trains the whole body. The club is open for all levels, so don't hesitate, come and give it a go!

News Club: Int. Cost: Free

Tuesday 16:10-17:50 - Computer Room: C 3.02

Trainer: Mrs. Thomas

The News Club will work to create news content from around school that will be mainly published on the Campus Facebook and Instagram accounts. The students will have the opportunity to find stories and write about what is going on around them. The News Club will show photos and captions of different events, clubs and actives that are happening around the school. This is a fun and exciting way for the whole school to stay on top of all the current events that are happening around the campus. Each member of the club will have a voice on what gets published.

Art Club: Ext. Cost: 4,00€ per 45 min.

Wednesday: 16:10-17:50 - Art Room: C 1.07

Trainer: Ms. Lating

Every human being has his or her own individual expression, which can only be discovered when there is space for the greatest possible freedom. I support your child in the development of his or her own expression in substance and form. It will be drawn, painted, modeled, built and tinkered.

In the group, creativity can be simulated first, and then it goes to work.

In doing so, I focus on the will of your child - what would it like to learn?

Yoga Club Ext. Cost: 4,00€ per 45 min.

Wednesday 16:10-17:50 - not yet determined

Trainer: Ms. Rademacher

This Yoga class combines traditional and modern sequences of Yoga postures, Yogic principles, mindfulness, reduction of stress, relaxation and well-being with the help of ancient meditation and breathing techniques.

Hip Hop Club Ext. Cost: 4,00€ per 45 min.

Thursday 16:10-17:50 - Sports Hall: B-0.36

Trainer: Ms. Meisner

The Hip Hop club will bring hip hope dancing to the campus! The club will include: Warming up - stretching - freestyle dancing - dance lesson - stretching/cool down