

## Prevention Concept for Secondary Level 1

Grade 5	Grade 6	Grade 7	Grade 8	Grade 9	Grade 10
Class council and work with the Lions Quest Grow Up program as part of the class leader class.	Class council and work with the Lions Quest Grow Up program as part of the class leader class.	Class council and work with the Lions Quest Grow Up program as part of the class leader class.	Power instead of alcohol per mille" prevention by AOK	Project day on the topic of prevention and empowerment within the framework of the project week (Possible projects: self-confidence training, yoga/stress prevention, invitation of ex-users, alcohol, drugs)	Cannabis education in cooperation with the police (exchange with project "Power statt Promille" in JG 10 conceivable)
Class trip with "Teambuilding" (youth hostel) in the week before the autumn holidays	"Be smart - don't start" smoke prevention (Orga by the class teachers)	"Be smart - don't start" smoke prevention (Orga by the class teachers)	"Be smart - don't start" smoke prevention (Orga by the class teachers)	Information event on the topic of "mental illnesses" in adolescence	
Visit to the theatre: "Ins Netz gegangen" at CASAMAX Theatre Cologne (media prevention)	Visit to a gynaecologist or urologist	Anti-bullying / Team Training	AIDSHelp / Profamilia Visit		
	Parents' evenings on the subject of addiction (cooperation with Drogenhilfe Köln) and on dangers on the net (cooperation with the police)				